

## Riffhams Camp Kit List

Scouts are responsible for personal equipment and should pack their rucksack themselves, ticking the list to confirm they have these items with them. The completed list should be brought to camp for inspection, if required.

**All items should be clearly labelled with the Scout's name and packed in his rucksack  
(uniform for travel is in addition to the list below)**

	No of	Tick List
<b>CAMP GEAR</b>		
Rucksack (60ltr Max)	1	
Sleeping Bag	1	
Roll Mat	1	
Personal First Aid kit	1	
Torch & Spare Bulb	1	
Spare Batteries	1 set	

	No of	Tick List
<b>PERSONAL</b>		
Scruff trousers jogging bottoms	2	
Sports Shorts	1	
Air Scout or normal T-shirts	2	
Sweatshirts	2	
Underwear	2	
Hiking Socks (Thick)	2	
Pyjamas (compulsory)	1	
Thermal clothing	1	

	No of	Tick List
<b>SUNDRY</b>		
Ground Sheet 6' x 4'	1	
Mug/Plate/Bowl/Cutlery	1	
Tea Towel	1	
Bin Liners (for dirty washing)	1	

### TRAVEL - WHAT TO WEAR (in addition to kit list above)

	No of	Tick List
Air Scout Tee shirt	0	
Scruff Trousers	1	
Group Scarf/Woggle	1	

	No of	Tick List
<b>HYGIENE</b>		
Wash Kit - small	1	
Deodorant (Non aerosol)	1	
Toothbrush & Paste	1	
Soap (in soap dish)	1	
Towel	1	
Insect Repellent (roll on)	1	

	No of	Tick List
<b>SUN PROTECTION</b>		
Lip Salve / Sun Cream	1	
Sun Hat	1	
Cheap Sun Glasses	1	

	No of	Tick List
<b>ADDITIONAL EQUIPMENT</b>		
Day Sack	1	
Water Bottle 1ltr	1	
Waterproof Trousers	1	
Waterproof Jacket	1	
Woolly Hat	1	
Gloves	1	
Survival Bag	1	
Emergency Energy Food	1	
Watch	1	
Tinned (preheated or cooked ) Food	1	
Camp Blanket	1	
Tin Foil or tray	1	
Length of Rope	1	
Piece of polythene or tarpaulin	1	

	No of	Tick List
<b>MONEY</b>		
Pocket Money	£0	

	No of	Tick List
Hiking Socks	1	
Hiking Boots (clean)	1	

**Medication** in sealable container with dosage (hand to leader when you arrive)

### DO NOT BRING

Electronics such as Mobile phones, walkmans, gameboys      Lighters / matches  
 Combat knives, pen-knives(if no certificate) etc  
 Jeans (Denim)  
 Aerosols

**No responsibility will be accepted by leaders for any items lost on camp whether in possession of Scout or Leader**

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### Uniform & Kit Notes

## 2nd Braintree Bocking Air Scouts

- 1] Ruck Sacks - are preferable - no larger than 65 ltrs ( 55 ltrs small scout). Please note - Kit should not be brought to camp in bin liners - thank you
- 2] First Aid Kit - should contain plasters, antiseptic wipes, safety pin and a small bandage
- 3] Torch - all batteries should be new
- 4] PJ's are compulsory - you will be sharing the site with other Groups
- 5] Lipsalve is essential to protect your lips from the effects of chapping
- 6] Day Sack - should be small, with **two** adjustable shoulder straps and is used for day hikes etc.
- 7] Water Bottle - should be 1ltr capacity - SIGG bottles are ideal
- 8] Hike Boots - must fit / be broken in and are compulsory
- 9] Survival Bag - orange / thick plastic bag for crawling into in bad weather - will save your life - compulsory