

## Activity Camp Kit List

Scouts are responsible for personal equipment and should pack their rucksack themselves, ticking the list to confirm they have these items with them. The completed list should be brought to camp for inspection, if required.

**All items should be clearly labelled with the Scout's name and packed in his rucksack  
(uniform for travel is in addition to the list below)**

	No of	Tick List
<b>CAMP GEAR</b>		
Rucksack (60ltr Max)	1	
Sleeping Bag	1	
Roll Mat	1	
Personal First Aid kit	1	
Torch & Spare Bulb	1	
Ground Sheet (6' x 4' approx)	1	
Spare Batteries	1 set	

	No of	Tick List
<b>PERSONAL</b>		
Jogging bottoms/Trousers	2	
Sports shorts	2	
Sweatshirts	2	
Air scout t-shirts	1	
T-shirts	2	
Hiking socks	1	
Sports socks(black)	2	
Underwear	2	
Pyjamas(compulsory)	1	
Sandals/ Water shoes (for wet)	1	
Swim wear	1	
Trainers	1	

	No of	Tick List
<b>SUNDRY</b>		
Mug/Plate/Bowl/Cutlery	1	
Tea Towel	1	
Coat Hanger (wire)	1	
Bin Liners (for dirty washing)	1	

	No of	Tick List
<b>HYGIENE</b>		
Wash Kit - small	1	
Deodorant (Non aerosol)	1	
Shower Gel	1	
Toothbrush & Paste	1	
Towel	2	
Insect Repellent (roll on)	1	

	No of	Tick List
<b>SUN PROTECTION</b>		
Lip Salve / Sun Cream	1	
Sun Hat	1	
Cheap Sun Glasses	1	

	No of	Tick List
<b>ADDITIONAL EQUIPMENT</b>		
Water Bottle 1ltr	1	
Waterproof Trousers	1	
Waterproof Jacket	1	
Woolly Hat	1	
Gloves	1	
Survival Bag	1	
Emergency Energy Food	1	
Whistle	1	
Watch	1	
Camp Blanket	1	

	No of	Tick List
<b>MONEY</b>		
Wallet (named)	1	
Pocket Money	£5 max	

### TRAVEL - WHAT TO WEAR (in addition to kit list above)

Air Scout tee-shirt	1	
Scruff Trousers or Shorts	1	
Group Scarf/Woggle	1	

Hiking Socks	1	
Hiking Boots (clean)	1	

**Medication** in sealable container with dosage (hand to leader when you arrive)

### DO NOT BRING

Electronics such as Mobile phones, walkmans, gameboys      Lighters / matches  
 Combat knives, pen-knives(if no certificate) etc  
 Jeans (Denim)  
 Aerosols

**No responsibility will be accepted by leaders for any items lost on camp whether in possession of Scout or Leader**

## **Uniform & Kit Notes**

- 1] Ruck Sacks - are preferable - no larger than 65 ltrs ( 55 ltrs small scout). Please note - Kit should not be brought to camp in bin liners - thank you
- 2] First Aid Kit - should contain plasters, antiseptic wipes, safety pin and a small bandage
- 3] Torch - all batteries should be new
- 4] PJ's are compulsory - you will be sharing the site with other Groups
- 5] Lipsalve is essential to protect your lips from the effects of chapping
- 6] Day Sack - should be small, with **two** adjustable shoulder straps and is used for day hikes etc.
- 7] Water Bottle - should be 1ltr capacity - SIGG bottles are ideal
- 8] Hike Boots - must fit / be broken in and are compulsory
- 9] Survival Bag - orange / thick plastic bag for crawling into in bad weather - will save your life - compulsory
- 10] Coat Hanger - pack a wire hanger in your rucksack - used to hang uniform